Ms. Eva Mitchell is an experienced, committed and enthusiastic trade union organiser with a variety of experience as a union activist and as a full-time official.

She has a decade of experience working within the hospitality sector in Ireland, mainly in restaurants and hotels. In 2016, as result of her direct work experience within this sector, she formed a working group known as the Galway Hospitality Workers' Group. The Group launched a campaign to highlight issues of concern that had been identified by workers in the hospitality sector in the West of Ireland. In order to gather some concrete data, the Galway Hospitality Workers' Group conducted a survey which was completed by over 400 workers.

Around the same time Eva became involved in the trade union movement with Ireland's largest trade union, SIPTU. She was elected to SIPTU's National Hospitality Committee in 2016.

In 2018 she became a full-time official with SIPTU organising young workers across the private and community sectors in the south of the country.

Eva is a SIPTU nominee to the national trade union federation, the Irish Congress of Trade Unions, Youth Committee.

She is a people person who passionately believes in the values of fairness at work and justice in society.